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BROADMEAD, COCKEYSVILLE, MD

May, 2014

Broadmead Undertakes “Rolling” Three-Year Strategic Plan

October Goal for Master Plan 2015 Construction Anticipated Small Projects Underway Now

By Marcia Reinke

Residents, as well as the trustees, staff and administration, are and will be involved in charting the future of Broadmead.

Speaking at the April Fireside Chat, Trustees Chair Ann Heaton and CEO John Howl outlined the process of determining what needs to be done now, what will be included in a so-called master plan dealing with our 94-acre site, and what Broadmead should do to provide future exceptional senior living services within a sustainable business model.

New construction is included but it is far from the only goal.

Umbrella to everything is what Howl described as a rolling three-year strategic plan, which will be extended each year when year one priorities are complete. Members of the strategic planning team include residents Phyllis Erickson and Ross Jones, trustees Betsy Forbush and Clinton Pettus and Howl. Another staff person will be added depending on the subject being explored.

This group will be responsible for an overall integrated strategic plan including best uses of our property, staffing, a new comprehensive care program, both resident and employee satisfaction, memory care, wellness and landscape design, all guided by a person-centered philosophy. It will look at developing “centers of excellence” and evaluate studies and trends. It will be primarily “programmatic

with many goals,” Howl explained. It is expected to issue frequent reports.

Based on RFPs (requests for proposals) four firms have been selected and will be retained to work on the master plan at what Howl called the “concept level”: Architects RLPS, Wohlsen Construction, Ziegler and Love and Co.

RLPS is an award-winning Pennsylvania firm which, according to Howl, has extensive experience in senior living design solutions. Wohlsen concentrates on preconstruction services, cost estimates, pricing, budgeting and feasibility. Ziegler, an investment banking firm, will advise on financing, and Love on marketing. (See *January, March and April issues of The Voice.*)

The Master Planning group includes residents Erroll Hay and Hyko Laeyendecker, trustees Alan Evans, Carol Carotto and Barrett Rudd, Howl and Vice President of Residential Services Doug Bareis.

It is hoped that a draft Master Plan, dealing with improvements to our 94-acre site, will be

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**The masthead photo of an egret over
Lake Maybe is by Erroll Hay.**

BROADMEAD WELCOMES

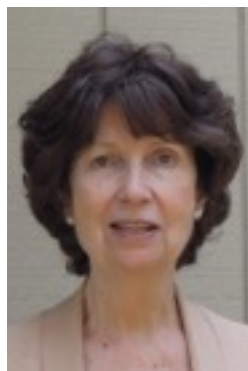
By Nancy Allchin and Sally Bloomer

Virginia Hoefner (Bielefeld)

P-1 410-683-0249 January 2014

Ginny came to Broadmead when she married resident Michael Bielefeld last fall. They were married the day after Thanksgiving. Both of them are ballroom dancers and they met at the well-known Belvedere in downtown Baltimore. Look for them at Broadmead's "Let's Dance".

Ginny grew up in Baltimore and continues to keep up her friendships from elementary school and Eastern High School. She graduated from the University of Maryland, where she majored in public relations and journalism. She married



and as she raised her family of two sons (and now two grandsons), took business and marketing courses at the Johns Hopkins night school, studies she found very valuable as

she worked in the business marketing field. Employed for 24 years at System Source where she was a marketing director, she retired in 2009. Ginny says she has particularly enjoyed many of her work experiences, one of which was the four years she spent with Goodwill Industries.

She is active in her church. She likes to travel and names Greece and Israel as her favorite places.

She and Michael have many travel plans for the future.

EDITORIAL POLICY

THE VOICE is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry feature articles, essays and poems written by residents and staff, of interest to Broadmead residents, plus material assigned by the editors. As its major goal is to promote a sense of community, THE VOICE does not publish criticism of individuals or of the three organizational bodies that comprise Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. THE VOICE does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion. As a general rule THE VOICE will not publish submissions from outside media due to space limitations and possible copyright problems. All submissions must be signed. The decision of the Editorial Board in regard to publication shall be final. Those submitting articles should retain copies as submissions will not be returned.

We must have all submissions by the 12th of the prior month. As we want articles not to run to more than one page, copy should not exceed 400 words in length. All copy is subject to editing and cutting. All submissions should be typed and, if possible, sent by email attachment to voice@broadmeadra.org, with a hard copy in THE VOICE box opposite the copy machine in the BRA office.

Open Forum

7 p.m. Auditorium

Thursday, May 1

Call of Life:

Facing Mass Extermination

George Fisher, Professor of
Environmental Geography, Emeritus
Johns Hopkins University

Thursday, May 15

Whatever Happened to the Space Age?

Stuart Leslie
Johns Hopkins University
Professor of Science & Technology

Thursday, May 29

Candidates Night

Primary contenders for
local offices

Administrator of Health Services Named

New position Is Created to Supervise Licensed Care

Story and photo by Jackie Mintz

After an extended search, Broadmead has hired Andrea Dwyer for the newly created position of Administrator of Health Services. Taking over from Tom Mondloch, who has been responsible for Healthcare Services since 2008, Andrea will be in charge of Broadmead's two licensed care units, Hallowell and Taylor (Nursing Care and Assisted Living). She will report to Mondloch and John Howl.

Andrea comes to Broadmead from The Gardens at William Hill Manor in Easton, where she was administrator for an 88-bed Assisted Living facility. Because it possesses a Level III license, that facility could provide care for patients with dementia, a capacity Broadmead hopes to acquire. With her experience, Andrea should be a valuable member of the Broadmead team in its plans for the expansion of its Assisted Living facility.

Another area that Andrea will focus on was pinpointed in the recent customer satisfaction survey, namely the lack of consistent supervisory presence in skilled nursing. Although Broadmead has a 5-star rating from the federal government, families and friends of Hallowell residents reported dissatisfaction with the care provided there, particularly with respect to staff attitude. Acknowledging this problem, Tom Mondloch expressed optimism that Andrea's appointment would improve that situation. According to Tom, they expect that a new model will be implemented for behavior in customer service and staff responsiveness. Andrea added that she also plans to improve communications between

Broadmead and families of residents. The bulk of Andrea's experience is in skilled nursing, both short term rehab and long-term or intermediate care. The former serves those returning from the hospital and covers, for example, IV therapy, physical and occupational therapy and speech therapy. Long-term care involves assistance with daily living tasks.

A licensed nursing home administrator, Andrea's responsibilities include supervising the Director of Nursing (Hallowell) and the Delegating Nurse in Assisted Living. She will also supervise Corinthia Cromwell, the newly appointed Director of Lifestyle, which serves both Nursing Care and Assisted Living. Another responsibility is ensuring compliance with the Patient Bill of Rights and other regulatory requirements. In this connection, Andrea has substantial experience developing training material and sessions for implementing the new Maryland MOLST

(Medical Orders for Life-Sustaining Treatment) and Health Care Act.

A native of the Hamilton area of Baltimore, Andrea is a graduate of Towson State University. She has a master's degree in business administration from UMUC. Prior to her Easton job, she worked at Trinity Senior Living Communities in Burtonsville and in various positions at Genesis Health Care, a multi-state company providing rehab and long term care services. Her hobbies are "anything on the water, boating, kayaking, and scuba diving." She would like also to learn to paraglide this year.



Andrea Dwyer

Camera Club Meeting
Monday, May 19, 10:30 a.m.
Photo walk around Broadmead

Year to Date, \$39,847

April Barn Sale Brings in \$14,916

By Marcia Reinke

Once again the hard work of multiple resident volunteers has beefed up the coffers of the Broadmead Residents Association, generating the bulk of the income which will support BRA activities in the coming year.

The two-day April sale brought in \$14,916, bringing the total amount raised from July 1, 2013, through April 15 to \$39,847, just a few dollars short of the self-imposed \$40,000 BRA fiscal year Barn Sale goal. The tiny shortfall will surely more than disappear when “in-between” sales are tallied at the end of June.

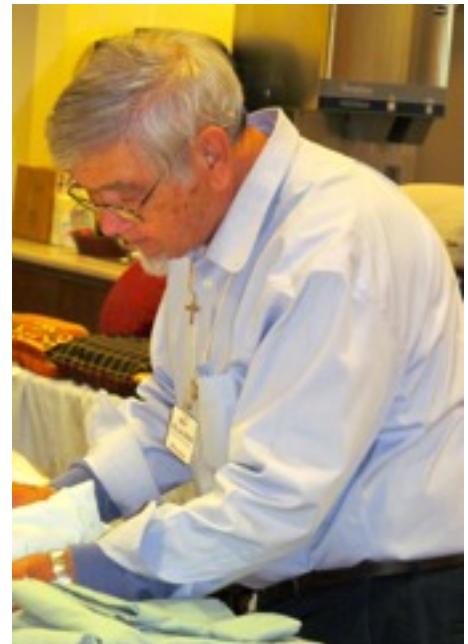
Neither sales taxes nor expenses are included in either the income or the budget figures cited above. The after tax take from the April sale was \$14,072, Treasurer Nancy Henley explained.

April expenses, tallied in a separate account, came to \$2,470, Henley said. Expenses include post card reminders, the banner, moving and building security.

Net income, for the fiscal year through April 15, after both taxes and expenses are subtracted, totals \$34,026.



Lynn Jones and Joan McShane examine offerings at the popular jewelry table.



Awaiting adoption prior to the sale were dozens of teddy bears and other stuffed animals, featured in “This ‘n’ That.” At right, Ben Villalobos, who spends days and weeks prior to each sale repairing donated appliances, does a little shopping of his own.



Above, Lolly Burton checks the price list while Cynthia Ballard handles the money for the Women's Clothing Department.

At right Gwen Marable, Sita Smith and Sibylle Ehrlich organize sales at the linens table.



Dementia's Care Examined Along With Caregiver Roles

By Frank Iber, M.D.

Dementia, Dr. Christopher Marano explained, is a progressive failure of memory always associated with loss of planning ability and nearly always with annoying behavioral characteristics.

Speaking at a recent Residents Association Health Care Committee lecture, Dr. Marano said there are two major types: Alzheimer's disease (ALZ), accounting for up to 70 percent of cases, and vascular disease, up to 20 percent. Nearly half of all patients have features of both.

Special radiological techniques permit early identification of the key lesions of ALZ and it seems clear that the diagnostic lesions can be identified 10 to 15 years before dementia appears. Some with the diagnostic lesions do in fact remain functionally normal 20 years after the identification. Current medications for ALZ have very modest benefit but also few side effects. No current medication slows the progression, he said.

Avoidance of dementia and slowing of progress once it occurs may be beneficially influenced by cessation of smoking and limiting intake to two alcoholic drinks daily. Also avoiding obesity, middle age

hypertension, lipid abnormalities and diabetes lower the incidence of ALZ, he said

. Exercise of a magnitude to improve cardiovascular health, regularly challenging the brain and following a Mediterranean diet also diminish ALZ incidence, he explained.

The patient with dementia needs love and comfort, a safe and fall-free place of living, support of daily living activities, planning assistance, a proper diet, regular strenuous mental and physical exercise and medical attention to treatable conditions.

Two-thirds of all ALZ patients stay at home, Dr. Marano continued, so the caregiver often needs love, appreciation and support, respite care, and a clear source of help for crisis intervention. Depression and even suicide rates are higher in this group.

Residential and home care should maximize the remaining abilities of the patient. Unhelpful medications (and their side effects) should be limited, including over the counter items such as Benadryl.

Drugs will be available in five years that will remove or minimize the destruction of the brain amyloid. Changing brain glucose by nasal instillation and deep brain electrode stimulation of advanced ALZ are currently under investigation at Hopkins, he said.

Weapons, Byzantine Contracting, Greenspan and Bernanke: Dave Gilbert Had "Quite a Trip."

By Park Espenschade

Resident Dave Gilbert's career included years as an Army officer, the Byzantine world of defense contracting, a German railway gun used to shell the Anzio beachhead and Greenspan's and Bernanke's Federal Reserve.

At a recent Men's Saturday Social Hour, Dave spoke of his 42 years as an Army officer and a civilian Department of Defense employee at the Aberdeen Proving Ground, as well as his "retirement" as a federal credit union consultant.

A native Bostonian, he attended the Boston Latin School and Harvard. After Officer Candidates School at Fort Riley, Kansas, he was ordered to the Proving Ground as a second lieutenant in the Ordnance Corps. While there he was involved in proof testing the Atomic Cannon ("many broken windows and cracked walls"). Another assignment was as part of the team which created the Army Material Command which oversaw all procurement, supply, maintenance and repair services for the Army. Later at the Redstone Arsenal in Huntsville, Alabama, the site of the Army's rocket program, he met a future president of the Lionel Corporation, who created the missile "flat car" for Lionel trains. Subsequently he was involved in the development of an armored personnel carrier, the ancestor of today's Bradley armored fighting vehicle.

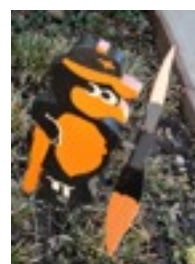
He shared several examples of the Byzantine world of defense contracting and an assignment dealing with acquiring data and examples of foreign weaponry. A major attraction of the Proving Ground was its outdoor tank and assault gun park, with examples going back to World War One. These vehicles are being transferred to Fort Belvoir, Virginia, where the crown jewel of the display is "Anzio Annie", a German railway gun used to shell the Anzio beachhead in 1944.

Dave was not, however, finished when he retired. He was asked to provide assistance to the Proving Ground Federal Credit Union and went on from there to consult with the Federal Reserve regarding Federal Credit Unions. From weapons and ammunition to Greenspan and Bernanke. Quite a trip.

Orioles Opening Day



Residents and staff celebrated the Orioles 2014 Opening Day with their own concession stand in the Lounge. They



watched the 2014 gala in Camden Yards on the big screen and happily applauded as the Orioles beat the 2013 World Champion Red Sox. Shown here from left at the hot dog stand and predominantly in orange are Richard and Joyce Gilley, Ginny Cooley, Director of Housekeeping Beth Connors, Phyllis Erickson and Director of Human Resources Rita Johnson-Chase. The Bird at left is in the Gilley's garden.

Story and photos by Marcia Reinke

Las Vegas Invades Dining Rooms

Photos by Erroll Hay and Marcia Reinke

Decked out in tuxedo shirts and green eyeshades members of the Food Service staff delighted residents with a first ever dinnertime Las Vegas night in late March. The brainchild of Katie Smith, the program was planned by Food Service and Lifestyle. Prizes included wine, dice, playing cards, oven mitts, pendants, lotions and coin banks. The games and decorations were purchased and have been stored away for a repeat next year.



At the roulette wheel, at left, Maria Brawner of Food Service, advises gamblers Doris Eiring, Beth Mohr and Bill Buckley. At right Danielle West and Katie Smith of Food Service coach Audrey Wright, Margaret Proctor, Sita Smith and Helen Davis on how to play



At left, Director of Food Services Bernard Queen took on Esther Krasevac and Don Smyth at Five Stud poker. At right, tickets, symbolizing winnings at each table were traded for prizes. Here Keshanna Nutt of Food Service delivers prizes to Eleanor Tillett and Ruth Fleishman.

Strategic Plan....Continued from Page One

ready for an October submission to the trustees. Howl said that once trustees approve, he anticipates that it will take at least another year to complete construction documents and get the required design approvals. A possible goal for starting construction is October, 2015.

Other subcommittees will look at other aspects of strategic planning. Focus groups of residents, staff and trustees will start meeting this month to assist the various subcommittees. Howl expects at least 50 persons will be involved in what he calls a design charette, to trade and discuss ideas and options.

The \$6.2 million supplemental capital budget approved by the trustees in December is to get a jump start on immediate unfunded needs, including a re-do of the two entrances, redecorating Hallowell, renovating Wellness and purchasing new Wellness equipment, re-roofing the walkways, rehabbing unoccupied apartments, screening the Center's unsightly roof units, adding security cameras, continuing shower conversion and washer-dryer installations in independent living, updating call and fire systems and information technology and adding wi-fi in the clusters.

Also involved are five new and different floor plans of more contemporary design. Possibilities include adding four-season rooms instead of three-season patio enclosures, enlarging the studios and installing lots of glass. There will be more variety for those who want it, Howl said.

Heaton Reports on Board Efforts To Develop a Strategic Plan

By Marcia Reinke

"For the past two years the Board has been struggling to determine and articulate our list of goals," said Trustees Chair Ann Heaton by way of introduction to a brief review of the Board's efforts to evaluate Broadmead's strengths and weaknesses and to initiate a strategic plan for the community's future.

Speaking at the April Fireside Chat, Heaton said the Board is adopting CEO John Howl's

"approach of full disclosure," illustrated by the release of information about a variety of studies undertaken since his arrival in June. "You have heard the same information that the Board receives," she told the residents.

In September, she noted, the Board saw John's list of "urgent capital improvements, items and systems overdue and necessary for the safety and comfort of our residents." Approved in December was \$6.2 million to finance these improvements and "these projects are now our first order of business and we are on our way to scheduling and accomplishing them," she said.

Commenting on a recent two-day trustee retreat, designed to revisit and gain understanding and commitment to Broadmead's strategic direction, she said the Board came up with four strategic goals. These are:

- To provide exceptional senior living services and high quality healthcare to our residents;
- To establish and maintain a person-centered culture that respects the independence, choices and dignity of each individual;
- To create Centers of Excellence in programs and environments in senior living and health care; and
- To expand programs to a broader socio-economic and culturally diverse population of older adults.

"These goals are a working tool, a guide for Broadmead's strategic direction for the next three to five years," she said, adding that the Board may at times change or add to the goals.

Commenting further on the Centers of Excellence goal, Heaton said "we want all of our programs and facilities to be excellent. However, the term 'Centers of Excellence' has a more precise meaning in the industry, referring to specialized programs where a facility has achieved an advanced program and service beyond the usual."

This can be done through a number of methods, one of which is to create alliances with other institutions such as hospitals or universities which have expertise in the field, she said.

Italy's Medici and Germany's Fuggers Explored in Two Lectures in Series

By Elborg Forster

Just about everyone likes to hear about the splendor that money can buy for those who have it now and those who had it in the past. Names like the Medici, the Rothschilds, Rockefeller and Carnegie immediately come to mind. And many people also wonder how such wealth was created.

The Super Rich in History: Getting and Spending is the topic of this spring's Adventures in Learning series. The first two lectures were presented by residents Bob and Elborg Forster. Bob is an emeritus professor of history at Johns Hopkins and Elborg is a free-lance writer and translator.

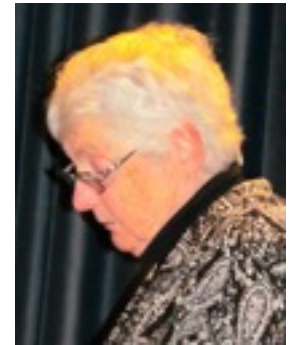
Bob spoke about two Renaissance families of merchant bankers, the Medici of Florence, Italy, and the Fuggers of Augsburg, Germany. He outlined the elements – the place, the time, and the society – that shaped these families. As Italians and Germans, their possibilities and their outlook differed greatly. While both were extremely skillful in the “getting” aspect of their activities, the Italians were much more grandiose in their “spending.” A small slide-show made this point by contrasting the Medici princes in their Roman attire amidst the glories of Florence with the earnest Germans in their rich but sober fur garments.

In the second lecture Elborg jumped to the 17th century, when King Louis XIV of France set the tone of Europe's material culture. Being an absolute monarch who had almost unlimited access to his country's wealth, he spent lavishly. His main purpose was to impress the rest of the world with his power and glory, and he succeeded. Widely admired, feared, hated, and imitated throughout Europe, he reigned for 75 years.

The two late April lectures were to be given by Bob Forster and Rhoda Dorsey on some of the super rich of the 19th century.



Bob Forster



Elborg Forster



Dancers from the O'Connor School of Irish Dance took over Broadmead's lower level "all purpose" room to perform a variety of Irish dances for residents of Taylor, Hallowell and anyone else who dropped by. Arrangements for the program were made by Kris George, former director of nursing, whose granddaughter is one of the dancers.

Photo by Erroll Hay

Country Store

Meander into May and come into the Country Store. See what's new and interesting to you! Pick up gifts for your favorite people. The weather can get hot outside but we have fans to help keep you cool.

Monday to Friday
10 a.m. - 2 p.m.
Saturday: 11 a.m. - 1 p.m.

Corner Cupboard

Monday, Tuesday, Thursday and Friday
10 a.m - 1:30 p.m. 2:30. - 4:30 p.m.
Orders may be placed Monday thru Friday
(same times as above)
443-578-8075

Renaissance-Baroque Music Returns to Broadmead



Harmonious Blacksmith , a quartet named after a set of harpsichord variations by George Frederic Handel, returned to Broadmead in March for the Residents Association Concert series. Shown here playing a Baroque cello is Doug Poplin. Joseph Gascho, at right, played not only the guitar but a harpsichord which he transported here in pieces and reassembled. At center are soprano Ah Young Hong and Justin Godoy who plays the recorder.

Photo by Erroll Hay

At Hopkins for 42 Years, Ross Jones Worked With Six Presidents plus Bloomberg

By Park Espenschade

In a presentation of special interest to the many Hopkins emeritus faculty at Broadmead, Ross Jones talked of his 42 years at the University and of the six presidents whom he served.

A native of Haddonfield, NJ, (near Philadelphia), Ross was bitten by the journalism bug as a teenager, doing high school sports reporting for a Camden newspaper. Lured away from Rutgers, he enrolled at Hopkins in 1949 where Broadmead resident Bob Forster, then a graduate student, was one of his instructors.

He joined the Hopkins ROTC detachment just in time to be assigned to the First Cavalry Division, fresh off the line in Korea, which was refitting in Hokkaido, Japan. From this most northern island of Japan, he was reassigned to the Armed Forces Radio Network as station manager in Nigata. During his tour, he married Lynn, spending a year with her "on the economy."

Returning to civilian life he worked for a Harrisburg newspaper and then enrolled in

Columbia's Graduate School of Journalism, where he subsequently was employed.

Three years later he "got the call." Milton Eisenhower, then president of Hopkins, was looking for an assistant. Following an interview, he was hired in the spring of 1961, beginning a sojourn with six Hopkins presidents, some memorable, others not so: Milton Eisenhower, Lincoln Gordon, Steve Muller, Bill Richardson, Daniel Nathans and Bill Brodie.

During these years Ross was involved in a concerted effort to portray Hopkins as more than a medical school/hospital/public health behemoth with a university appendage. Meeting with varying success, he said even today 50 percent of all donations flow to the medical school.

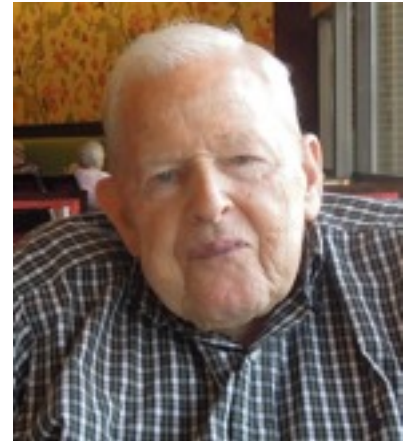
During these presidencies and their interregnums, Ross was, in fact, the executive officer of a very large and often fractious unit. Under Milton Eisenhower Ross easily could be described as the alter ego, perhaps even the *eminence grise*. Michael Bloomberg's selection to be chairman of the board of the Hopkins institutions might be considered a seventh president. After retiring, Ross was asked to continue on as the "go to" person which he did for five more years.

Is there a book in the offing?

Harvard Interrupted by Prison Camp IV



(Editor's note: In observance of Memorial Day The Voice is continuing a tradition of running stories in our May issue about our residents in war time.)



Posing in front of their B17G Flying Fortress, prior to its being hit by enemy fire over Austria, are seven of the 10 -member crew. Staff Sergeant William "Bill" Eddison is standing at left. At right is Bill at Broadmead today

Story and current photo by Sally Bloomer

Just two weeks into his freshman year at Harvard William (Bill) Eddison was on his way to serve in the United States Army Air Corps. After basic training and gunnery school in Nebraska, Staff Sergeant Eddison was the gunner on a B17 Flying Fortress.

After the surrender of Italy to the Allies, there were about two dozen airfield supporting bombing missions against the enemy including one in Foggia, Italy. Thousands of B17s headed out on missions, every day between mid-1944 and May 1945.

In October, 1944, Bill's plane was part of a nine plane formation whose target was an oil refinery in Austria. They were intercepted by the enemy when one of their four engines was hit. Other hits followed and the ten-man crew bailed out. Bill remembers being the first out, never having jumped before.

He landed on the side of a hill in a deeply wooded forest with trees as tall as the Holly House pine. With below freezing temperatures, trying to keep warm with only his survival kit was a challenge. Hershey bars, big and thick, helped.

Finally he came upon a farmhouse where a farm lady provided him with hot soup and shelter. Asleep in the barn the same night, he was awakened by a poke in the ribs and the command "raus". Thinking "well, this is it", he was made to march at gun point to nearby Stalag #IV where he was questioned but fairly treated. Sleeping on a hard slanted board in the camp was not easy. He suspected the farm family had turned him in.

On Christmas Day, 1944, the area was occupied by Canadian troops. For a few days after the Canadians arrived, the former prisoners had a chance to see unarmed German soldiers being marched through the streets.

The freed Americans were soon loaded on a train and sent to the North Sea Port of Bremen. Bill remembers a troop ship journey where the berths were four deep.

After his discharge it was back to Harvard and eventual graduation. Bill attended many reunions of #819 Squadron. He fondly remembers his fellow gunner Salvatore Scantoni because "he was a friendly guy."

Speakers Challenge Thinking on Nuclear Energy, Population Growth

by Elborg Forster

Photo by Erroll Hay

Two speakers challenged the orthodox solutions to the problem of American energy consumption at a recent Open Forum on “How to Meet Our Energy Needs.”

Norman Meadow, Principal Scientist emeritus in the Johns Hopkins Biology Department, believes that wind and solar power, when applied on an industrial scale, will negatively affect large areas of biological habitat and thereby biological diversity, whereas nuclear power generation requires the disruption of much smaller areas.

Tom Horton, known to Baltimore audiences as an environmental columnist in the *Baltimore Sun* and as a prolific author of prize-winning books on the Chesapeake and other environmental issues, expressed concerns about energy consumption and population growth.

Advocating nuclear power generation as less threatening to the environment, Dr. Meadow pointed out that wind and solar energy generation cannot supply more than a small fraction of our need. He cited a number of scientific studies indicating that radiation from a nuclear plant, even

in case of an accident, is not as dangerous as many of us have long believed. The reduction of plant habitat by the building of solar and wind installations, on the other hand, is known to cause violent weather events, as the world has experienced in the recent past. In 2003 in Europe and 2010 in Russia, for instance, prolonged heat

waves caused about 126,000 premature deaths, while reactor accidents caused less than a couple of hundred, he said.

Horton criticized the current obsession with economic growth and the increasing population density in environmentally fragile regions, such as the shores of the Chesapeake Bay. He advocates a redistribution of populations everywhere, along with population control on a large scale, even if painful, like China's one-child policy. It may

well be that the Chinese had no choice, he pointed out. In the United States population increase is caused by immigration. There may be 500 million Americans by the end of this century, he said.

Both Meadow and Horton conceded that putting their proposals into practice will require considerable education of the public and political change.



Horton and Meadow



Poetry from around the world and many cultures has been featured on the Multicultural Bulletin Board outside the Country Store.

Photo by Erroll Hay

Magnolia Room Sets Up for Bridge Luncheons



Brenda Copenhaver, dining room supervisor, has announced a new Magnolia Room service designed especially for Round Robin bridge players and other groups. A reservation at least 24 hours in advance is required. Because Round Robin players are expected to play 18 hands in three hours and players must be out of the Magnolia Room by 3:30 p.m., Brenda suggests that reservations be made and playing begin at 11:30 a.m.

Card tables will be set up in the back of the room where ice water and glasses will be available on a nearby cart. At noon the staff will take orders. When lunch is served, players will move to a table set for lunch. After lunch games may resume.

This sequence of events will make the day more relaxing with less pressure on guests and staff. Broadmead residents may charge their meal to their meal cards. If the meal's cost exceeds \$7.50, the remainder will be put on the monthly bill.

Shown here enjoying one of the initial luncheons are from left, Joan Tapley, "Weezie" Davis, Nancy Hauss, Barbara Smith, Priscilla Stieff and Charlotte Hurtt.

Photo and story by Bea Post

Monday Book Group

Auditorium, Mondays 10:30 a.m.

May 5 A Tale for the Time
Being by Ruth Ozeki

June 2 Trans Atlantic
by Colum McCann

Books may be obtained from the
BRA Office, behind the door

Broadmead Residents Association Concert Series

Sunday, May 25

2 p.m. Auditorium and Lounge

Symphonical Brass

featuring members of the BSO
and top performers from the region

Let's Dance Wants More Listeners, Dancers Too



Norm Seifert, Frank Speciale, Tim Tamassia and Guy Schehlein

By Alma Smith

Photo by Erroll Hay

Fresh from the exclusive Maryland Club, shows such as *Godspell* and *Beauty and the Beast*, weddings and other “gigs”, Frank, Norm & Friends provide spectacular “big band” music monthly at Broadmead.

Too bad more don't attend.

Possibly scared off by the title “Let's Dance,” residents who fear their footwork is stale are more than welcome just to come, listen and sit. Those who want to tap a foot and maybe put a rusty toe on the dance floor will be happily encouraged by the regular group. And the more eager, who want to brush up ahead of time, may join the Wednesday ballroom dance class, at 3:45 in the lounge.

But that's not necessary. Relax. Enjoy. Hum along. That's okay.

Let's Dance meets September-June from 7 to 8:15 p.m. on second Mondays. Frank Speciale, a music professional, percussionist and the leader/business manager of Frank, Norm & Friends, has been coming to Broadmead for 15 years, starting with the George Hipp Combo. Other bands in which he has participated include Helmut Licht, a 14-piece big band, the Sentimental Journey Big Band and the Charm City Trio. He has been

percussionist for such shows as *Godspell*, *Beauty and the Beast* and *A Celebration of Black History*.

Norm Seifert, a Peabody Conservatory graduate on the guitar, performs with Tony Bennett, Johnny Mathis, Roberta Flack and others when they come to town. Norm can make the guitar sound like many different instruments. He also does vocals.

Guy Schehlein plays saxophone and does vocals after explaining the background of each song. On Valentine's Day he brings flowers and gives one to each lady.

Tim Tamassia plays keyboard. Although soft-spoken, he is marvelous at tickling the keys. He began playing the organ at age nine and has been a church organist. For the past 10 years he has played with many dance bands for weddings and backup for singers.

These musicians have performed for the “Jim McKay” Maryland Million for 15 years at the exclusive Maryland Club in Baltimore. Frank, Norm, Guy, and Tim play for the enjoyment of our Broadmead residents and friends. They would love to see more of them. The next “Let's Dance” is Monday, May 12.

Dance or don't dance, no partner is necessary by the way.



Those out for a spring walk should take a look at Marge Appleby's Cluster C-5 window with its multi-colored butterflies. The window was decorated by Marge's daughter Ellen, a professional artist.

Photo by Sally Bloomer

IN QUIET TIME

Dim the light and enter here in quiet time
 rasp not the door upon its rusty hinge nor
 blow about the dingy motes from seasons
 past

Life does not hinge upon the forgone
 chance
 now buried in the dinge of graceless days
 the dimmed unsaid apology of jumbled
 thoughts

Rest here beyond old sorrows' dingy haze
 in sanctuary luminously safe from dim
 despair
 where quiet psalmody unhinges fright
 from pondering

Jim Butzow – March 2014

Let's Sing

with Jonathan Jensen at the Piano
 Monday, May 19
 7 p.m. Lounge

Open Forum Presents After Dinner Mintz

By Elborg Forster

"This will just be after-dinner mints" said grinning resident Sidney Mintz prior to a talk entitled "Sugar, the Sweet Red Thread of History" at an Open Forum presentation here.

But of course it was much more than that.

Hopkins Emeritus Professor Mintz, a distinguished and much published anthropologist, has studied sugar and its impact on humankind for many years.

Beginning with the discovery of the big robust sweet grass in Papua, New Guinea, 10,000 years ago, he provided a condensed history of sugar domestication and its spread to the Asian mainland, India, the Near East and Europe.

Along the way, people learned to crystallize it, he said. For many centuries sugar was used as a spice, a prescription medicine, a preservative for fruit and as magic in religious rituals.

A major change occurred in 1493 when Columbus on his second voyage took some sugar cane from Spain to the West Indies and planted it there. It grew so well that by 1650 abundant labor to harvest and process it was urgently needed. The resulting slave trade between Africa and the Caribbean involved more than 15 million persons, of whom nine million barely survived the ordeal of overwork and inadequate diet. It is the red thread of blood that has forever marked the history of the western world.

In the late 17th century tea, coffee and chocolate, all of which were consumed with sugar, became known to the European upper classes, causing a great rise in the demand. Initially, laws forbade the lower classes from indulging in this luxury, but as the production increased, the laboring poor could deceive their empty stomachs with calories from sugar.

Today sugar is seen as a very "modern" substance in that it has no taste of its own aside from its sweetness, so that it may be used with many other foods. It also has a social and political dimension, since one acre of sugar cane can produce more calories than any other crop.

Art 101 Visits Robinson Studio



By Nancy Allchin Photo by Charlotte Parker

Seven members of Liz Jackson's Art 101 class recently visited the art studio of Sam Robinson, son of residents Court and Sally Robinson, finding no proverbial meager, artist's garret. Instead rooms full of paintings and supplies, located in the former dairy house of his grandfather's farm, house a well-organized business in commercial art. Paintings of horses engaged in polo and point-to-point races as well as country scenes adorn the walls.

The Broadmead art students were led from the showroom up a narrow stairway to the daylight space where Sam does his painting and where he posed for a photo with brush and palette in hand. On a shelf were wooden paintbrush containers made by none other than dad in Broadmead's Wood Shop. Additional rooms are used for mixing paints, framing and storing art ready for display.

Sam's artistic talent was recognized at age eight while living in South Korea with his medical missionary parents who saw to it that he received special training. Later in the United States he attended and graduated from the Maryland Institute College of Art (MICA). He gradually built up a business in *faux* painting and decorating along with picture painting. His company has recently decorated renovated rooms at the historic Valley Inn on Falls Road, and coming up is the decoration of the walls and ceilings of the new casino in Baltimore City. He will use many artists to complete this project.

Employees Thanked for Service Smith and Kanitz Receive Top Award

Two Broadmead employees received top awards and 28 members of the staff were recognized for years of service at a recent Employees Appreciation dinner in the auditorium and lounge.

Katie Smith of Food Service received the "Spirit of Broadmead" award along with a \$750 check. Linnette Kanitz of Grounds was honored with the "Rising Star" award and a \$250 check.

Rebecca Jackson was honored for 30 years of service; while David Velasquez, Kevin McCabe, Frederick Johnson and Patricia Reed were honored for 25 years.

Serving 20 years were Leroy Richardson, Ellen Roller and Ramona Stafford; 15 years, David Witkowski; and 10 years, Rosetta Anderson, Ana Straw and Laura Stein.

Sixteen were thanked for five years of service: Leonard House, Torchelle Campbell, Keri Omopariola, Brandon Harris, Joseph Cole, Guy Gambrill, Latarsha Griffin, Pat Gordon, Kristen George, Sheema Matthew, Kendra Taylor, Lorraine Paine, Aney George, Jacquetta Willams, Kim Fleming and Aseye Agbotse.

Saturday Night Performances

Auditorium

May 3, 5 p.m. to end of race

Kentucky Derby

May 10, 7 p.m.

"Readers' Theatre"

Mrs. Arris Goes to Paris

Play based on a novella by Paul Gallico

May 17, 5 p.m. to end of race

Preakness Party

May 24, 7 p.m.4

Learn about Your Honeybees

Michael Kelly and Cliff York

Movie will be shown on May 31
(see page 23)

Writers Practice Technique Read, Listen and Learn To Understand Others

By Elborg Forster

A group of residents, between seven and 15 people, gathers on Friday afternoons in the Fireplace Room for the purpose of sharpening their writing skills. How do they go about this?

The important exercise is the "Five Minute Word." Somebody calls out a word, all present usually agree that they have something to say about it, and off they go. A great variety of words have been used as starters for the group. Looking over the mini-essays in my notebook is a fascinating exercise. I have selected some of them at random to give you an idea: "Search," "Lion," "Junk," "Peach," "Connection," "Round" and on and on. After thinking about what you might want to say about them, it's amazing what bubbles to the surface in these five minutes.

Here, as an illustration, are two of my five-minute essays:

Lion: Well, yes, March comes in like a lion and goes out like a lamb. In other words, the lion is seen as noisy, wild, dangerous and unpleasant. Then why is it that in television shows about lions, they are always just lying about, snoozing in the sunshine? Especially, I should add, the males. If there is any hunting in these shows, it is done by the females. The males just show up for dinner. Familiar?

Round: It is such a comforting shape: no sharp edges, no back and forth, no beginning nor end. Round just is. Round also evokes images of the sun, the moon, apples and cherries, babies' heads, pancakes.

After the five-minute exercise, the members of the group read aloud what they might have written in the last week. Not everyone has brought something. This is perfectly acceptable. Here again, we hear a wide variety of contributions. Some are poems: light verse or philosophical musings,

sophisticated renderings of classical forms. Others are clever short stories, or sections of someone's memoirs or diary entries. These can be very personal and allow us to know and understand our fellow writers.

If any of this appeals to you, come to the Fireplace Room some Friday at 4 p.m. and see for yourself.

Broadmead Writers Group Annual Reading

Wednesday, May 28, 7 p.m.

Know Your Neighbors

Wear Name Tags

May, 1, 2 and 3

Geography Quiz



Where is it? What is it? Is there a story behind it? Answer is on page 19.

Photo by Erroll Hay

BROADMEAD BRIEFS...

At the recent Fireside Chat **John McShane** chuckled when he heard CEO John Howl speak of a “design charette” in connection with Broadmead’s new strategic plan. A charette, he said, is an architectural term and a fancy word for a cart used to rush work in before a deadline. He said he had experienced many “charettes” when he was working for a Master’s in Architecture degree.

Andi Broom, leader of the Stretch and Strengthen class, brought in this recent picture taken at Aspen in Colorado where she is a ski instructor for two to four weeks every year, while her Broadmead group tries to get along with a recording of her aerobic instructions. We’re certain she could teach us to do this, if we only had a hill.



Treasurer **Nancy Henley** has announced that the Residents Associations Music Memorial Fund is \$500 richer thanks to a donation from **Dr. Howard Garber**.

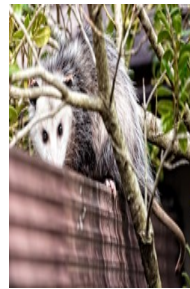


Leonard House was among the many who gathered at a farewell reception for Lisa Mainolfi. Lisa, who’s been an administrative assistant here for seven years, decided she’d stay home to have more time with her son

Photo by Erroll Hay



Voice photographer Erroll Hay was called out for an “emergency” picture last month when an opossum was spotted atop R-17’s roof. The dictionary says an opossum is a nocturnal marsupial valued for its fur.



Did we need new signs? The old Cluster D-E-F sign at right provides an answer. New blue and green signs began appearing in mid April.

Photos by Erroll Hay

Director of Marketing Kristy Kreuger reported at the April Fireside Chat that Broadmead is 87 percent full and 89.4 per cent sold. Seven new residents are expected before the end of June. She also reported that **Jonas Rappeport** won the first monthly drawing of referral cards, a \$50 gift certificate to Wegman’s.

BRA Health Care Lecture

Thursday, May 29, 10:30 a.m. Auditorium

Principles of Dementia Care

Jason Brandt, PhD

Director, the Copper Ridge Institute
Professor of Psychiatry and Neurology
Johns Hopkins School of Medicine

Camera Club Planning Calendars and Note Cards, Has New Quality Printer

By Bernie Anderson

Producing a calendar with 12 monthly scenes of the Broadmead campus, is among the projects being considered by the new Camera Club, which currently has 13 active members and meets on third Mondays at 10:30 a.m. in either the Fireplace Room or the Auditorium. The calendars and possibly campus-scene note cards would be sold in the Country Store, yielding a modest profit for the Residents Association.

Established just a few months ago, the Club has had a variety of agendas, including discussions of pictures members have taken, what qualifies as a good photo, lessons on how to use your camera and an educational presentation of computer programs for editing pictures. Digital photography is the primary focus.

Designs of the calendar and note cards are yet to be worked out, but photos of the Broadmead campus will be presented and selected at the September meeting. The club has an office, located on the lower level of the Center off the exercise room in what was once the treasurer's office.

Recently, Jerry Green donated an Epson 300 Stylus printer that can print large photos with excellent quality. While not yet fully installed it is anticipated that much use will be made of it.

Natalie Starr is chairman of the club and is assisted by Erroll Hay and Jim Butzow, both accomplished photographers. The club welcomes new members of all levels. It's a chance for novices to learn much more about photography.



Let's Dance

Monday, May 14
7 p.m. Lounge
Everyone welcome

Dolls and ABC Books Displayed



By Nancy Boyce Photo by Carolyn Murphy

That the Display Case Committee often depends on resident collections is evident in the current exhibit of dolls, owned by sister residents Sally-Lyn Duff and Beth Zimmerman, and the ABC books of Judith Hundertmark. Friends and family sent the dolls to Sally-Lyn and Beth from 1932 to 1940 when they were visiting faraway places in the United States, Europe and Asia. The sisters enjoyed playing with them and then carefully preserved them.

By contrast Judith began collecting the ABC books about 40 years ago because she enjoyed the unique ways artists depicted the alphabet. Although her children liked looking at them, the books were entirely Judith's. She has some 200 books now. She had to stop collecting when she ran out of storage space.

ANSWER TO GEOGRAPHY QUIZ

It's a plastic cat and it hangs outside the front door of Pamela Langham's C-10 apartment, having moved with her from Cluster W. A gift from daughter Fiona, it's also a rather unsuccessful bird feeder (see hole for seed in its stomach). Pamela suspects birds are leery of pecking at a cat for their dinner,.

Hauf Works in All Our Departments Training for Administrator's Exam

Story and photo by Penny Partlow

Nursing Home Administrator-in-Training
Meredith Hauf is well into her year of training at Broadmead.

A thirteen-year girl at Roland Park Country School and a 2004 graduate of James Madison University, Meredith worked initially in marketing and events planning at Roland Park Place where, she says, she "fell in love with working with elderly people."

After earning a Certificate in Aging at Johns Hopkins, she earned a Master's degree in Management of Aging Sciences from UMBC which offers one of two such graduate programs in the United States.

The formal one-year program in which Hauf is training was established by the Maryland Board of Examiners of Nursing Home Administrators and assigns time to each department at Broadmead. So far Hauf has worked positions in housekeeping, on Taylor and in maintenance. The focus is on leadership in serving and sharing responsibility

and compassion with those with whom you work.

After eight months in rotation, Hauf will qualify to sit for her Board examinations and concentrate on gaining a greater breadth of knowledge of the field. After she passes the

State and Federal Boards she will be a licensed administrator which will qualify her to be the regulatory point person in a continuing-care facility. She is looking forward to the opportunity to be creative rather than negative in administering rules and regulations.

Hauf believes in the importance of involving residents in a partnership with staff and expresses interest in the potential options offered by the land and property at Broadmead. She says she is trying to keep up with her little brother who is a

"commercial real estate mogul in New York."

Mays Chapel, where Hauf shares a house with Mike and two cats, is a convenient commute to Broadmead. She especially enjoys cooking, gardening and spending time with family and friends. A former lacrosse player, her exercise time, like that of her boss Tom Mondloch, is devoted to running.



Meredith Hauf

Trips Committee

Save the date
Thursday, June 12

Travel by motor coach to
Winterthur to see
The Costumes of Downton Abbey
Exhibition
plus
**Vignettes from Life at
Winterthur**

Sign-up sheet will be posted
May 12

MaCCRA Annual State-Wide Meeting

Saturday, May 24 Riderwood Village
for Councilors of MaCCRA Chapters

A report of this meeting will be given to
Broadmead residents at our June Meeting
(date to be announced)

Moving Around Broadmead

	<u>From</u>	<u>To</u>
Elizabeth Rothman	D-9	H-250

Taylor and Hallowell Residents Enjoy Musical Spring Fling



Jamie Turner provided music using a variety of amazing “instruments” for a first-day-of spring program arranged by the Lifestyle Department for Taylor and Hallowell residents (and anyone else who dropped by). At center, Turner is shown with his “glass harp”, sometimes called “singing glasses”, for which he assembled glasses of various sizes filled with water to obtain the desired pitch. Behind him is a table filled with other unusual “instruments,” two of which, a musical wrench, and a cake pan were played by Fran Peterson and Ann Stein. A party buffet including cheese, cookies, vegetables, melons, the famous Broadmead crab dip and punch, was provided by Food Service.

Photos by Erroll Hay

Taylor Residents Plan Garden Club, Luau Brunch

By Bea Post

Whether they do the planning or just enjoy the results, residents are very much involved with the special monthly programs on Taylor Hall. Those interested in a garden club got off to an April start, a first project of planting window boxes or containers for the balconies.

May will feature a Luau brunch celebration in the Great Room with typical Hawaii food and decorations. After lunch the Hallowell residents will join those on Taylor for dessert and a musical performance.

Residents credit the efforts of the talented Taylor staff working within their Broadmead budget. In addition to the special monthly celebrations, every day there is something for the mind and body, activities which bring the residents together for enjoyment and good health.

Bird and Nature

Tree Walk with Mike Ryan

Friday, May 2 1:30 p.m.
From the lower level of Center

Bird Walks

Saturdays, in May at 8 a.m.
Meet at Lake Maybe

Trip to Friends School Visit a campus of native plants

Friday, June 6, 1:30 p.m. sharp
Leave lower level by car pool

Contact Sue Carnell
suecarnell@comcast.net
to reserve a seat

All of above open to all

Religion at Broadmead

Friends Meeting for Worship

Sundays at 11 a.m.
Stony Run Board Room

Vespers

3rd Sunday every month
4:30 p.m. Lounge
May 18
Sr. Robin Stratton
Carmelite Monastery

Bible Study

Tuesdays at 10 a.m.
Fireplace Room
(sponsored by Brown Memorial
Woodbrook Presbyterian Church)

Episcopal Communion

1st Wednesday every month
10:30 a.m. Holly Terrace

Catholic Mass

2nd Wednesday every month
10 a.m. Holly Terrace
(Sponsored by St. Francis Xavier Church)

The Gathering

Faith Related Topics
3rd Wednesday every month
10:30 a.m. Auditorium
(sponsored by the Episcopal Church
of the Redeemer and Brown Memorial
Park Avenue Presbyterian Church)

Newly Arrived Residents

Renate and Fred Meise	W-7
Rosemary Lareau	K-10
Josepha Caraher	B-3

Quakers, Woodworking, Economics Highlight Cartan Kraft's Life

By Park Espenschade

Cartan Kraft spoke to the Men's Saturday Social Hour about his varied in engineering and international economics, his hobbies and his commitment to the Quaker life style.

Born in 1935 in St. Louis, he moved with his family to the East Coast in 1941. After spending seven years in the Washington, D.C. suburbs he studied engineering at Cornell and acquired an MBA from the Harvard Business School. Following several years at W. R. Grace as chief financial officer, Cartan went to New York to join the IBEC (International Basic Economic Corporation), a Rockefeller-sponsored think tank, consulting on the economies of developing countries. Following two years in Geneva, he moved to Baltimore where he lived until coming to Broadmead in 2013.

Cartan's involvement with Quaker communities followed a switch from Roman Catholicism. For many years, he attended the Stony Run meeting and was active at the Friends and Calvert schools. He now attends the Broadmead Quaker meeting.

His love of woodworking resulted in his introducing a woodworking shop at Friends School. He furnished his entire house with refurbished or built-from-scratch Chippendale and Shaker-style furniture. He has brought that skill and expertise to Broadmead along with a basement full of tools and a magnificent lathe. He was promptly elected head of the Wood Shop committee.

Cartan has four siblings, two brothers and two sisters, one of each older and one of each younger. He has two adopted children and two stepchildren. An avid cyclist, he has belonged to the Baltimore Bicycle Club and participated in Eastern Shore rides of 30 to 100 miles. At one time he owned a Tartan 3000 thirty foot sail/motor boat which he sailed all around the Chesapeake Bay and up the Maine Coast.



Broadmead Movies

Auditorium at 7 p.m.

Tuesday movies selected by

Sally Bloomer and Marjorie Appleby

Saturday movies by John De Prine and Bob Gist

Tuesday, May 6 Saving Mr. Banks

(Tom Hanks, Emma Thompson) When Walt Disney sets his sights on obtaining the rights to the classic children's novel "Mary Poppins", he reaches out to the book's author P.L. Travers only to find she proves to be a hard nut to crack.

2013 PG 128 minutes

Tuesday, May 13 Hairspray

(John Travolta, Amanda Byres, Zac Efron)

This colorful adaptation of the Tony-winning musical follows the plus-size teen Tracy Turnblad as she endeavors to integrate a racially divided Baltimore.

2007 PG 120 minutes

**Tuesday, May 20 The Return of
Martin Guerre**

(Gerard Depardieu) In 16th century France a man who deserted his wife and child unexpectedly returns to his native village, but the astonishing metamorphosis in his personality causes some of the villagers to believe he is a fraud.

1982 NR 122 minutes

Tuesday, May 27 The Painted Veil

(Naomi Watts, Edward Norton) Shunned by a husband who is more interested in his scientific research than his marriage, Kitty Fane embarks on a quest for fulfillment, igniting a passionate affair with a dashing womanizer.

2000 PG-13 126 minutes

Saturday, May 31 Seabiscuit

(Toby Maguire, Jeff Bridges, Chris Cooper)

A knobbly-kneed colt becomes a winning thoroughbred at the hands of its owner, its

unorthodox trainer and its jockey, a half-blind ex-prizefighter, in this Depression-era drama based on the true story of the champion racehorse Seabiscuit.

2003 PG-13 141 minutes

Broadmead Play Readers

will present

My Gilded Cage

a translation of the memoirs of
Madame Duchesse D'Orleans

Translated and read by

Elborg Forster

(Broadmead Resident)

Wednesday, May 7, 7 p.m.

Auditorium

Sew and So

Tuesday and Wednesday

10 a.m. to noon

Room 215 - Phone: 8816

Summer Information Needed

Since *The Voice of the Residents* is not published in July and August, summer events will be announced in the June issue. All event organizers need to get their information to Bernie Anderson by May 10. Leave it in Box H-5 or in the black and white box in the BRA office opposite the copy machine, or e-mail to Voice@broadmeadra.org

VOICE OF THE RESIDENTS

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BROADMEAD

A Dynamic Lifestyle Community

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Open Forum presents



A Pre-Primary

Candidates Night

contenders in both party primaries for
Baltimore County Offices

County executive and County Council (District 3)

State Senate and State Delegate

(Districts 42 and 42B)

Balloons, Sousa Music, Refreshments

Thursday, May 29, 7 p.m. Auditorium and Lounge

Primary voting, Broadmead Lower Level, Tuesday, June 24